**APPROVED**

**INARS Executive Meeting**

**May 8, 2014**

**2:30 pm-3:50 PM EDT**

Present: Theresa Pettersen-Chu, Bonnie Muller and Nan Shugart

Absent: Joan Brooks

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|  | **TOPIC** | **DISCUSSION** | **ACTIONS/****COMMENTS** | **RESPON-SIBILITY** | **TIME-****FRAME** |
| **1** | Suggestions for the SOP | Prior to this meeting, Theresa sent Executive members the following email from INARS member Justin Salvio with his two suggestions regarding the SOP/EP.1. *I like the idea of giving "elders" a break from the educational requirements and support the language change. I did have a thought that the cutoff age could be younger. I would suggest 62.  Additionally, it seems as though there could be a time limit. For example, if one has met the requirement consistently for 10 years or is 68, whichever comes first, then the requirement is dropped. The rationale is that after keeping up with this requirement for a significant period of time, one has, hopefully, garnered enough knowledge and is secure enough in her/his practice that the need for continual educational support in this way decreases. It also opens the door for folks to move resources towards alternative supportive training. It's just a thought and I guess there could be many potential iterations of the idea that continue to support growth and investment in the certification process.*
2. *In regards to the authorization for the release of information, the 90-day expiration is, in my experience, relatively brief and not consistent with how it is done in other places. I would suggest 180 days or options for the length of time to be determined by the client in discussion with the synergist. If, for example, the synergist is coordinating with another provider, that coordination could go on for a longer period of time creating more room for error.*

*Hope this feedback is helpful.*Joan could not attend the Executive meeting so she responded by email that she was not in agreement with #1 of Justin’s suggestions. Joan agrees with the revisions to SOP/EP as written and does not agree with reducing the requirements or length of time even more. Theresa concurred with Joan in an email.At the meeting, Theresa reported that she had researched when people receive retirement benefits and staying consistent with that, suggested the age be moved to 66. Bonnie and Nan agreed. Theresa will send this suggestion to the Board.Regarding Justin’s suggestion to extend to 180 days the expiration date of release of information, Theresa, Bonnie and Nan were in agreement. Theresa will send this suggestion to the Board for the upcoming Board meeting.  | Send suggestion to Board members | TheresaTheresa | Prior to next Board MeetingPrior to next Board Meeting |
| **2** | Need for new Marketing Chair | Theresa explained that Bev will finish out her last few months as Marketing Chair this July 2014. Bev has agreed to coordinate the Public Newsletter. We discussed the option of appointing Bev to the Board but felt we needed to save spots for men or other diversity. Theresa had asked Kim Evans again about this position but she said no. Theresa had also asked Gilly Thomas but she said no as her plate is full with upcoming marriage and other children in her life. Theresa asked Gilly to keep it in mind. Janet Cook had previously said that she would like the Marketing Chair position. Perhaps Gilly would consider doing one task on the Marketing committee. Bonnie suggested that Theresea call Gilly and ask her since Gilly has had success with building a practice and moving her practice to a new city. If Janet Cook agrees, then we would need a “Professional Practices Chair” whose main job is to review the SOP/EP and set the standards for the use of the logo. Bonnie thought of Janice Thomas as Professional Practices Chair as a tribute to Janice’s contributions. Theresa asked Nan to contact Janice Thomas for Professional Practices Chair contingent upon Janet Cook taking on Marketing Chair. | Contact Gilly ThomasContact Janice Thomas | Theresa Nan  | This monthThis month |
| **3** | Other organizations for INARS to join | Theresa received a letter from the President of USABP (United States Association of Body Psychotherapists) asking INARS to join. Bonnie thought ‘psychotherapy’ might confuse some synergists who still are confused about RSM and that word.  She suggested the Board discuss this and clarify how we fit in as a related healing modality, and come to a place where the Board members are all clear on this. Looking at the USABP website, there is a tab called “Related Practices” which includes body works, dance, yoga and Buddhist. Bonnie suggested that we have a conversation with the Board about this. Theresa will see what we would need to do to become a member. We need to look at other websites where INARS can be listed. | Research USABP membership | Theresa  | Prior to next Board meeting |
| **4** | At upcoming Board Meeting | Items for agenda: Review and approve SOP/EPAppoint and vote on Pam Neimeth as Ethics Chair and Mary Petschen as Member Services Chair. |  |  |  |
| **5** | 2015 Conference Theme | Joan Small has already asked Bonnie to think about the conference theme for next year. Theresa stated that we do this together with RSTI on the Executive Council Call. 2014 Conference feedback was very positive except for a few comments. One comment about “not honoring the elder teachers.” This may keep coming up and we will need to address it if it does. Another negative comment on the conference feedback concerned having other instructors besides Joe and Noel present the Pre-conference. Theresa suggested that Joe and Noel do the Pre-conference and ask other RSTI faculty to present on Friday. Lastly, there were comments about wanting more time for members to talk during the Annual Members Meeting. Theresa said that this year we had tried having the Annual meeting during lunch which seemed to go well. Perhaps we could talk to the Conference Committee and ask them to make that lunch time go 15 minutes longer and have the afternoon workshops a little later. Theresa had asked for members comments during the Annual Meeting but maybe we need a more “formal” way to offer this.A conference topic that might be good for next year is “reentry into our lives after the conference”.Regarding INARS members who were not reached during our phone grid process (28 members) and not able to attend the conference: Nan reminded everyone that at the conference, Georgena Eggleston offered to contact all of those members. Theresa asked Nan to follow up with Georgena. | Discuss with Conference Committee longer Annual Members meeting timeContact Georgena | TheresaNan  | In timely mannerThis month |
| **6** | Next meeting:  | Theresa will inform us. |  | Theresa | Next month |